

PHASE 1- ADVENTURE TRAINING PROGRAMME (UTTARAKHAND) *(6 Days/ 5 Nights)*

DAY 1 **ARRIVE AT SNOW LEOPARD ADVENTURES CAMP** *(Drive: 7 - 8 Hrs)*

Early morning depart from school and drive for approx 8 hours to reach Snow Leopard Adventures camp located in the foothills of the Himalaya near Rishikesh (1115 ft).

Upon arrival, camp welcome, orientation talk by the Camp Manager and settle down in the tents followed by lunch.

Post lunch, students go for a hike in the area.

Dinner and overnight stay at Snow Leopard Adventures Camp.

DAY 2 TO DAY 5 **AT SNOW LEOPARD ADVENTURES CAMP**

The activities undertaken during the training camp will include:-

1. Outdoor Skills
2. Wilderness survival
3. Tent pitching & rope knots.
4. Rock Climbing
5. Rappelling
6. Full day treks
7. Night trekking
8. Leave no trace policy
9. Basic First Aid skills
10. Group briefing
11. Leadership skills

Dinner and overnight stay at Snow Leopard Adventures Camp.

DAY 6 **DEPART FROM SNOW LEOPARD ADVENTURES CAMP** *(DRIVE: 7 – 8 HRS)*

Wake up in the morning followed by breakfast. Post breakfast depart for the school with packed lunch.

--- END OF PROGRAMME ---

Note: All activities will be conducted under the strict supervision of our qualified outdoor instructors.