

PHASE 3 – CLIMB MT. KILIMANJARO (TANZANIA)
(10 Days/ 9 Nights)



Towering at 5895m (19,341 ft), Mt. Kilimanjaro (Uhuru Peak) is the highest mountain in Africa and is one of the largest extinct volcanoes in the world. Though the peak is only 3 degrees below the equator, it is snow covered through the year. Kilimanjaro can be climbed by any physically fit person and no climbing experience is required. Usually it is pleasantly warm in the lower slopes of the mountain and the temperatures at the summit ranges between -12 to -15 degrees Celsius. The best time of the year to climb this mountain is

Outline Itinerary

Day	Program
1	Departure from Delhi by flight ET 687 at 02h30 AM Arrive Addis Ababa at 06h55 AM <i>Connecting time in Addis Ababa: 3 hours and 30 minutes</i> Departure from Addis Ababa by flight ET 815 at 10h25 AM Arrive in Kilimanjaro at 13h00 PM Transfer to Moshi. O/n in Moshi hotel
2	Transfer to Marangu Gate and trek to Mandara. O/n in Mandara Hut.
3	Trek to Horombo. O/n in Horombo Hut
4	Day for acclimatization hiking to Mawenzi Ridge. O/n in Horombo Hut
5	Trek to Kibo. O/n in Kibo Hut
6	Summit Uhuru Peak and trek down to Horombo. O/n in Horombo Hut
7	Trek down to Marangu Gate and transfer to Moshi. O/n in Moshi hotel.
8	Wild life safari to Arusha National Park
9	Visit a local school. Transfer from Moshi to Kilimanjaro airport. Flight ET 814 departs 05h35 PM Arrives in Addis Ababa at 08h05 PM <i>Connecting time in Addis Ababa: 2 hours and 50 minutes</i> Flight ET 686 departs Addis Ababa at 10h55 PM
10	Arrive in Delhi (By flight ET 686 at 08h15 AM)

DAY 1	DEPARTURE FROM DELHI	(By International Flight)
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Assemble at Delhi International airport. Departure from Delhi by flight ET 687 at 02:30 AM. Arrive in Addis Ababa at 06:55 AM. *Connecting time in Addis Ababa: 3 hours and 30 minutes*

Departure from Addis Ababa by flight ET 815 at 10:20 AM. Arrive in Kilimanjaro at 01:00 PM

Transfer to Moshi. O/n in Moshi hotel

DAY 2	MOSHI - MARANGU - MANDARA HUT	(Trek 8 km/ 4 - 5 hrs/ 8,858 ft)
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Today after breakfast, we are transferred to the Kilimanjaro National Park Gate at Marangu, the starting point for the trek. The trek passes through the fascinating rain forests which gives ample opportunity to observe the wildlife and enjoy the forested area. At the upper edge of the forest line, we have the opportunity to see blue monkeys. The trail then widens to expose beautiful hillsides until we reach Mandara Hut.

Mandara Hut has a group of bunkhouses, in good conditions, with bed capacity of 80 people, toilets and a clean water supply. From here we have an option to visit the nearby Maundi Crater 2hrs walk and a small mound rising out of the trees to the north. Views from the top, over the forest up to the main peaks of Kibo and Mawenzi, provide plenty of inspiration for the trek to come.

Dinner and overnight stay in a hut.



DAY 3	MANDARA HUT - HOROMBO HUT	(Trek 12 km/ 6 - 8 hrs/ 12,205 ft)
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Today after breakfast, we follow the ascending trail through an alpine meadow. This is a fairly steep trail and going gets a little slow. En route we get great views of Kibo and Mawenzi peaks - two of the three volcanic peaks that make up the summit of Kilimanjaro.

Dinner and overnight stay in a hut.

DAY 4	HOROMBO HUT - MAWENZI RIDGE	(Trek 5 km/ 2 - 3 hrs/ 14,400 ft)
	MAWENZI RIDGE - HOROMBO HUT	(Return Trek / 12,205 ft)

This is an extra day meant for acclimatization and can be spent day hiking on Mawenzi Ridge. The unique landscape offers motivating views of Kibo and Mawenzi. After spending a few moments exploring the area we head back to Horombo Hut.

Dinner and overnight stay in a hut.

DAY 5	HOROMBO HUT - KIBO HUT	(Trek 10 km/ 6 - 7 hrs/ 15,430 ft)
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Today after breakfast, we get back on the trek trail and continue gradually gaining height. We past the last water point which is the highest running water on this route and cross the flat plain between Kibo and Mawenzi until we meet Jiwe La Ukoyo (meaning "pointed Rocks") at 14,412 ft. From here the landscape now becomes rugged and rocky and will take us another one and half hours to reach Kibo. Our camp, Kibo Hut, sits at the bottom of the Kibo crater wall.

Dinner and overnight stay in a hut.

DAY 6	KIBO HUT - UHURU PEAK	(Trek 6 km/ 7 - 8 hrs/ 19,341 ft)
	UHURU PEAK - HOROMBO HUT	(Trek 16 km/ 4 - 5 hrs/ 12,205 ft)

Today, we start the ascent to the Uhuru peak (the highest point on Kilimanjaro) at about 3.00 am while the scree is still frozen. This is the most mentally and physically challenging portion of the trek. The wind and cold at this elevation and time of day can be extreme. We ascend in the darkness for several hours while taking frequent, but short, breaks. At Gilman's point (18,600 ft), we will be rewarded with the most magnificent sunrise you are ever likely to see coming over Mawenzi Peak. Finally, we arrive at Uhuru Peak- the highest point on Mt Kilimanjaro and the continent of Africa.

After spending some time at the top, we descend on the same route to spend the night at Horombo hut.

Dinner and overnight stay in a hut.

DAY 7	HOROMBO HUT - MARANGU GATE - MOSHI	(Trek 20 km/ 5 - 7 hrs/ 6046 ft)
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Today after breakfast we descend through the tropical rainforest to Marangu gate. Once at the park headquarters, we collect our summit certificates and meet with our waiting vehicles that will drive us back

CLIMBING GEAR

Trousers, shirts and pullover	Thermals
Woollen socks	Warm, Windproof jacket with hood
Waterproof jacket and over-trousers	Warm Hat or Balaclava & Gloves
Sun Hat	Good comfortable walking boots
Gaiters	Scarf
Good warm sleeping bag	Rucksack or a duffel bag
Water bottle (2 to 3 liters)	Water purifying tablets and filter
Personal toiletries, towel, toilet paper	Sunglasses
First aid kit (including blister plasters, lip salve, headache pills, sun-protection cream, personal medication)	Torch (Flash light) with extra batteries
Some sweets and chocolates	Walking Stick

Note: It is advisable to pack your clothing and equipment into a waterproof rucksack or duffel bag for porters to carry. Also it is advisable to have a small day sack to carry your raincoat, camera, packed lunch and energy snack and items of personal nature.